

ROOM HIRE

Small and large rooms at Watsonia Neighbourhood House can be hired by community groups or organisations, either for single events or ongoing basis. Please **contact us** to organise a tour and discuss your room hire needs.

SUSTAINABLE WATSONIA

Sustainable Watsonia aims to build a more sustainable and resilient community. Initiatives include food swaps, sustainable living and zero waste workshops. Go to facebook.com/groups/sustainableWatsonia.



COMMUNITY CUPBOARD

Our Community Cupboard contains food and household items. Community use this space to swap seeds & plants. Donations can be left on the front porch.



LITTLE LIBRARY

Our Little Library is accessible 24 / 7 at the front of the house. Take a book. Leave a book.



ABOUT US

Located beside peaceful and leafy Aminya Reserve on the corner of Kenmare Street and Lambourn Road, Watsonia Neighbourhood House is a safe, welcoming and inclusive community where strengths are cultivated, lifelong learning and sharing is fostered, and people are empowered to thrive.

Our facilities are wheelchair accessible, with ramps and rails at every entry/exit point. Wheelchair charging points are available on site. Well lit and easily accessible off-street parking and peaceful outdoor spaces. Gender neutral and accessible bathrooms.

Find us.



TERM 1 PROGRAM
2025
3rd February -
4th April

Wurundjeri Country
47 Lambourn Road, Watsonia VIC 3087
03 9434 6717 / 0492 944 608



MON

ACRYLIC PAINTING CLASS

10:00am-12:30pm
7:00pm-9:30pm
8 lessons \$200

FUN WITH FRIENDS



Every Monday meet people, make friends and have fun. Enjoy a weekly chit chat, plus activities like games, dancing, movies and sharing stories.

Support workers welcome. Our centre is accessible, welcoming and friendly.

10:00am-11:30am

QIGONG



Gentle exercise & movement. This session is designed for all abilities and fitness levels. Support workers welcome
12:30pm-1:15pm

DROP IN SPACE 9:30am-11:30am

A comfortable space to unwind, immerse yourself in a good book, enjoy a cup of tea, charge your phone, connect to our free Wi-Fi, indulge in mindful colouring, or simply relax.

TUES

CREATIVE ART CLASS

9:30am-11:30am
1:00pm-3:00pm
9 lessons \$144

WALKING GROUP



10:00am-11:00am

FRIENDSHIP GROUP



For women over 50
10:30am-12:30pm

COMMUNITY LUNCH



12:00pm-1:00pm

MENS SOCIAL GROUP



Hang out with other men to develop connections over a light dinner/BBQ.
6:30pm-8:00pm
Includes meal

CRUISE CONTROL DANCE FITNESS



A fun and low impact by Pit Stop Dance.
5:30pm-6:00pm
6:00pm-6:30pm

ACRYLIC PAINTING CLASS

7:00pm-9:30pm
10 lessons \$250

WED

BOOMERANG BAGS MAKING GROUP



10:00am-12:00pm

MENS SOCIAL GROUP



Hang out with other men to develop connections.

1:00pm-3:00pm

YOGA



Sindhu's classes are accessible & adaptable, from beginner to more experienced.

7:00pm-8:00pm

BOOK CLUB



With a difference, you choose a book based on a theme.
2nd Wednesday of the month.

February 12th
March 12th

7:00pm-8:00pm

THURS

BOOK CLUB



1st Thursday of the month.
February 6th
March 6th
April 3rd

9:30am-11:30am

CARERS SUPPORT GROUP



Second Thursday of the month
10:30am-12:00pm

YOGA



Sindhu's classes are accessible & adaptable, from beginner to more experienced.

7:00pm-8:00pm

MEET & MAKE



Supportive group, make new friends with the craft of your choice. All crafting levels welcome
7:00pm-8:30pm

FRI

STITCH, KNIT & CROCHET CLASS

10:30am-12:30pm
\$99

ACRYLIC PAINTING CLASS

10:00am-12:30pm
2:30pm-5:00pm
10 lessons \$250

GENERAL ENQUIRIES CALL 9434 6717

WEEKEND

SOCIAL SEWING GROUP



Bring your unfinished sewing projects, make friends and be in the company of like minded people.
17th Feb, 16th March,

10:00am-3:00pm