

Enhancing accessibility to Community Connections

Supporting people with intellectual,
cognitive and learning disabilities to realize their life goals and
aspirations.



In these 10 sessions we will explore;

- Unlocking aspirations, interests and goals
- Things we like to do, things we would like to learn how to do
- Options for being active in the community
- What it means to engage with others cooperatively
- Appropriate behaviours for workplace or community setting
- Connecting with employers, opportunities available and how to access them
- Learning through life and adult education options
- Action plans, making your goals happen
- Time management and planning skills

Participants are encouraged to bring a support person or worker
if it will assist in active participation and achievement of desired outcomes.



Attend an information session about this program
to find out more and meet the facilitator. Please
let us know if you are attending on **03 9434 6717**.

- Monday 3 September 7-8.30pm (Monday Night Games and information session).
- Monday 17 September 2-3pm.

Where: **Watsonia Neighbourhood House** 47 Lambourn Road, Watsonia 3087

When: **Starting Mon 8 October for 10 weeks** 10am—12pm

Cost: **FREE program**

Bookings essential due to limited places To register call 03 9434 6717

This program is supported by the
Victorian Government



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ADULT
EDUCATION

